



January 1, 2011

### Trauma Resources International Annual Report

TRI's post-earthquake programs for Haiti, Ke Ansam ("Hearts Together"), supported three local Haitian non-profit organizations – Athletique D' Haiti ("ADH"), IDEO & URAMEL (for more information on these organizations see TRI's website, [www.traumaresourcesinternational.org](http://www.traumaresourcesinternational.org)). In 2010 TRI raised a total of \$24,552.97 to support these programs. \$18,752.97 of these funds went to TRI's Ke Ansam ("Hearts Together") program and accomplished:

1. Purchased and distributed fill extracted from earthquake rubble, to stabilize the land where over 5000 families supported by ADH live in a tent city to protect them from rain-induced flooding;
2. In partnership with URAMEL/IDEO, assisted in the start-up of Haiti's first comprehensive "URAMEL Psychotrauma Center"; specifically:
  - a. We provided funds for a free training for 48 key medical and mental health providers/supervisors for the psycho trauma center, in the neurophysiology of the brain and its relationship to EMDR and other trauma approaches;
  - b. In collaboration with the URAMEL Psychotrauma center, and "Gwoup Lespwa ak Lavi" (Hope and Life Group) have established a satellite counseling center in Carrefour, near the epicenter, to provide counseling, basic medical, and therapeutic activities to approximately 400 children, weekly, who are displaced by the earthquake;
  - c. Also in collaboration with the URAMEL Psychotrauma Center and UCLA/NCTSN, we provided Level 1 and 2 (Train-the-Trainers) Psychological First Aid training to over 50 Health/Mental Health, Education, and First Response professionals (July 19-21, 2010).
  - d. In March, 2011, a 3-day Introduction to Creative Arts Therapies was provided to the psychologists, psychiatrists, doctors, nurses, social workers, and counselors who work with The Psycho Trauma Center, and they loved it! And, have asked for more.
3. In collaboration with the Haiti NGO Staff Support Working Group and Management Sciences for Health, provided a one day "Practical Solutions for Self-Care" experiential workshop to 25 local psychologists and Human

Resources Managers in Port au Prince.

4. Launched our Mete Men Pou Ayiti (“Hands on Haiti”) project, which provides somatic therapies, and training and education in somatic practices, to community organizations throughout the country.

Our Hands on Haiti Project, which brought a team of skilled cranio--sacral therapists to Haiti in March and April 2010, based on requests made of TRI’s Director to provide assistance for the many somatic complaints (particularly neck, spine and head pain) received a total of \$5,800 in donations. The total expenses for this trip were \$5006.00, which covered:

1. Round trip Airfare for 3 of the 5 team members (2 used mileage);
2. Accommodation (shared rooms), meals, in-country transportation and supplies.

All of the team members donated their time.

Expenses were higher for this project due to its service delivery nature. All future projects will be education focused, which are more sustainable long term.

On this most recent trip, TRI was asked to be the primary provider of technical assistance and to take a leadership role in The URAMEL Psychotrauma Center’s country-wide community-based mental health program. We will be collaborating with Columbia University to develop and implement this program.

Photos of these activities are available in the photo gallery on RRT&C/TRI’s website ([www.restorativeresources.net](http://www.restorativeresources.net)).

Thank you for your support,

A handwritten signature in black ink, appearing to read 'Amber E. Gray', written in a cursive style.

Amber E. Gray, Director